## **The O'Fishel Brachos Calendar Checklist**

	Name			Age (if under 20)			
	Phone						
	Address						
	Week 1	l (Pra	ctice)	Bra	acha (	Code/	<b>Initials</b>
Prac Da	stice SAMPLES: F	eb. 22 🤇	D A.G.	P A.G.	RYM	eee	<u>Дум</u>
7	Feb. 23, Sun	כ״ח שבט	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
	Feb. 24, Mon	כ״ט שבט	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
٦	Feb. 25, Tues	ל׳ שבט	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
٦	Feb. 26, Wed	א׳ אדר	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
A	Feb. 27, Thurs	ב׳ אדר	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
ŧ.	Feb. 28, Fri	ג׳ אדר	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
	Feb. 29, Sat	ד׳ אדר	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
	"I recited & doo least 1 day this			STOI	RE VA	LIDA	TIONS

Bring this form, with at least 3 days filled in, to THE SAVING CENTER from SUNDAY, MARCH 1-FRIDAY, MARCH 6, for a delightfully chilled soda. Then head to the BENDARI FAMILY, 3202 NERAK RD. on SUNDAY, MARCH 1 from 4-6pm or MARCH 2 or 3 from 5-6pm for a zesty, chewy box of MIKE & IKE'S.

W	Week 2				Bracha Code/Initials			
Ma	ar. 1, Sun	ה׳ אדר	$\bigcirc$	_ O	$\Box$	_O		
Ma	ar. 2, Mon	ו' אדר	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	
Ma	ar. 3, Tues	ז' אדר	$\bigcirc$	0	$\bigcirc$	0	$ \bigcirc$ $-$	
Ma	ar. 4, Wed	ח׳ אדר	$\bigcirc$	0	$\bigcirc$	0	$ \bigcirc$ $-$	
Ma	ar. 5, Thurs	ט׳ אדר	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	
Ma	ar. 6, Fri	י׳ אדר	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	
Ma	ar. 7, Sat	י״א אדר	$\bigcirc$	$\bigcirc$	$\bigcirc$	_0_	$\bigcirc$	

"I recited & documented 100 Brachos at least 1 day this week" (adults) Signature

Bring this form, completed until here, to O'FISHEL KOSHER CATERERS at MITZVAH MOTIVATORS WORLD HQ, from 1-3pm on FRI., MARCH 13 for a SERVING OF HOT CHOLENT. Also, go to THE LASDUN FAMILY (3218 SHELBURNE ROAD) for a spherical sport abbetor on SUN & MON, MAR 8-9, or WEDS & THURS, MAR 11-12 from 5-7pm. Don't miss the FREEDOM FRIES at TOV PIZZA on SUN, MARCH 8, or WEDS.-FRI, MARCH 11-13.

Week 3	<b>Bracha Code/Initials</b>			
Mar. 8, Sun י״ב אדר 🔾	0 0 0 0			
Mar. 9, Mon י״ג אדר 🔘	$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$			
Mar. 10, Tues י״ד אדר 🔘	$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$			
Mar. 11, Wed ט״ז אדר 🔘	$\bigcirc$ $\bigcirc$ $\bigcirc$ $\bigcirc$ $\bigcirc$			
Mar. 12, Thurs ט״ז אדר 🔘	$\bigcirc$ $\bigcirc$ $\bigcirc$ $\bigcirc$ $\bigcirc$			
👷 Mar. 13, Fri י״ז אדר 🔘	$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$			
Mar. 14, Sat י״ח אדר 🔾	$\bigcirc$ $\bigcirc$ $\bigcirc$ $\bigcirc$ $\bigcirc$			

TRIPLE PRIZE WEEK! Bring this form, completed until here, to 5901 WINNER on SUN, MARCH 15, 2:15-4pm for PRIDE OF THE FARM ICE CREAM. The next stop is MILK & HONEY BISTRO, from 4-6pm MARCH 15-17 for a VUMMY PANCAKE. Last stop is THE MORRIS FAMILY (2712 SUMMERSON) for a MAZE PEN, SUN., MARCH 15 – THURS., MARCH 19 (5:30 – 7:00 pm)

#### ENCHIRIDION & EPEXEGESIS FEUILLETIN

- The only ברכות which qualify for the out loud count are those which are preceded by a ברכה code (A, B, C, etc.).
   If the precedent is not available to sign after , שבת, a parent, child, friend or legal guardian or complete stranger to the participant may sign.
- 5. If a specific ברכה does not apply to the participant, he/she may be credited for the bracha by saying אמון to another who is eligible to say it (e.g.: if little Chayala Schechter's father schechted a deer, she could say אמון to the Brachos of על כיסוי דם בעפר hard by and אמון.
- 6. In order to qualify for the Grand All-The-מרכות-You-Can-Make Buffet, you must complete the entire calendar PLUS the required amount of ברכות in categories 1, 2 & 3 must be recited and checked off at any time over the course of this program. Over Bar/Bas Mitzvah must present their once-weekly documentation of the 100 ברכות.
- Participants may use either the Hebrew or English day as their cut-off time for saying the required μ.
- 8. If no one is available to say אמן, designated אמן vers are available at 443-660-9132. If it's after hours, please call our **Unreasonably Late ברכות Hotline** at 443-660-9133, make your name and number. And, after taking a bite, leave your name and number. Please do not sing benching, as others may be waiting on line. (Please note that you can not fulfill the obligation of a ברכה by hearing it over the phone. These numbers are for contest verification and documentation only).
- In order to qualify for the weekly prizes, all calendar blanks must be completed up to that point. No missed dates allowed.\*\*

 Prizes may be redeemed only during the period indicated, are NON-TRANSFERABLE, and must be claimed by the actual participant (no parental pickups, please). Please do not ask for exceptions (you know who you are!)
 All questions of rules will be decided by the O'Fishel judge, at the Mitzvah Motivators Hotline: 443-660-9132. Decisions are final, uncontestable, and occasionally even correct.

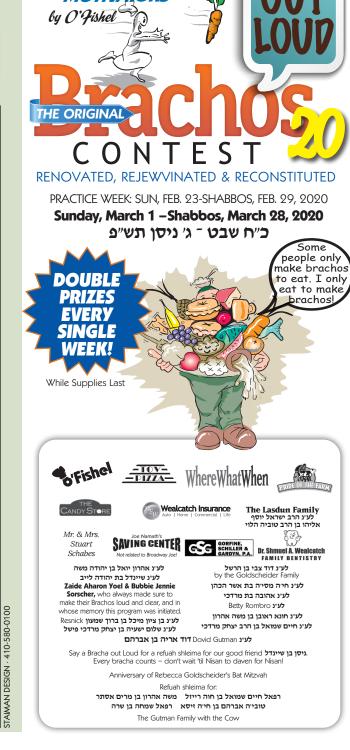
12. Program is open to men, women, boys and girls of all ages. Special dispensations may be awarded to the very young!

## NEED ADDITIONAL COPIES? GO TO: www.ofishel.com

This program has been copied with O'Fishel permission and/or plagarized throughout our nation. If you want to bring this program with permission and subsequent Brachos to your community, please call 443-660-9132. If not, just continue doing what you're doing. V'hamyvin yavin!



**\*THE TRUE FLOUR POWER!** 



MITZVAH.

MOTIVALORS

During the reign of King David, a terrible plague raged, killing 100 people a day from unnatural causes. It was revealed through רוח הקודש that if the people would take care to recite 100 ברכות a day, the plague would be mitigated. Since then, we have followed the Halacha to say this minimum each and every day. We hope that in this merit we will again be saved from the ravages which afflict our People today...

# **The O'Fishel Brachos Guide**

#### Say 5 Brachos out loud daily with someone answering אמן, and you'll get great weekly prizes!

Going Away for Pesach? Ask your concierge to say way to your Brachos!

Note: This listing is not meant to be a halachic guide or a comprehensive listing of all Brachos, but rather as a reminder of various Brachos and when they are said. Some may be said only by those over Bar/Bat Mitzvah. English explanations may not be precise. Some are only said by men and some only by women. Brachos are not written out in their entirety, so please refer to a Siddur for complete text. In case of any doubt, please contact a knowledgeable authority. Any additions or clarifications to this listing are welcome via telephonic communication at 443-660-9132.

#### **1. Common Brachos**

You must say – or answer amein to – most of the Brachos in this category (aloud or quietly)

Introductory Brachos in Shachar	is(15) ברכות השחר 🛛
Brachos on the Torah	ברכות התורה (2)
A. After using the lavatory	אשר יצר 🛛
Baruch She'amar	ברוך שאמר 🗖
Yishtabach	ישתבח 🗖
Before Shema of Shacharis (2)	ברכות קריאת שמי 🗖
The Weekday Amida	🗖 שמונה עשרה (19)
<b>B.</b> Washing hands before eating	על נטילת ידים 🗖

## Brachos Before Eating ברכות הנהנין על מאכלים

but must document recent weight loss)						
<b>c</b> . Bread (or Matzah)	🗅 המוציא לכם מן הארץ					
<b>D.</b> Cookies, cake, rice, etc.	בורא מיני מזונות 🗖					
E. Wine/grape juice	בורא פרי הגפן 🗆					
F. Fruits	בורא פרי העץ 🗆					
G. Vegetables	🗅 בורא פרי האדמה					
H. None of the above (e.g.: dairy, meat)	שהכל נהיה בדברו 🗖					

#### Brachos After Eating ברכות הנהנין על מאכלים

ם ברכת המזון (4) I. After bread meals
J. After (grain/wine/7 species) meals – מעין שלש 🗖
7 possible combinations
א. After non-grain/wine/bread meals בורא נפשות 🗖
Making Kiddush on Shabbos or Yom Tov קידוש 🗖
■ Action an excuse to stay up late. (And yes, your mother knows this!)
אצ. Fire (at Havdala) 🛛 בורא מאורי האש
<b>L.</b> Before going to sleep (please do not wake up your roommate to say this one out loud!)

We are not responsible for typos, hypos, bozos, hobos or other various and sundry errata.

#### 2. Less Common Brachos You must say - or answer amein to - at least 4 of the Brachos

in this category (aloud or quietly)

M1. Seeing lightning or a great wonder of nature,						
experiencing an שית experiencing an שית	עושה מעשה ברא 🗖					
M2. Hearing thunder לא עולם	🗖 שכחו וגבורתו מ					
However, if you hear the lightning and see the	e thunder,					
stand up immediately and say: אנשה ונשמע! M3. Wearing new clothes, Yom Tov,	ם שהחיינו					
A parent says on the birth of a g	irl					
M4. Before reciting Hallel	<ul> <li>לקרוא את ההל</li> <li>תפילת הדרך</li> </ul>					
N. Upon taking a journey	🗖 תפילת הדרך					

#### ברכת הריח Brachos Upon Fragrant Scents

o. Rose	בורא עצי בשמים 🗖
P. Mint/leaves	🗖 בורא עשבי בשמים
<b>q</b> . Esrog	הנותן ריח טוב בפירות
R. Cloves, combination of sp	🗖 בורא מיני בשמים bices
s. Ritually dunking vessels	🗖 על טבילת כלים
(for the Bracha on dunking donuts s	see Bracha D)
T. New moon	ם קידוש לבנה
<b>u</b> . Seeing a rainbow	זוכר הברית ונאמן 🗖
	בבריתו וקים במאמרו
<b>v</b> . Deliverance from danger	ם ברכת הגומל
w. Wedding, Sheva Brachos	🗖 שבע ברכות (7)

\*As the laws regarding this Bracha are particularly complex, please be sure to consult a competent authority before reciting.

Name Your Own Less Common Bracha

\*\*But if you do have dates, the Bracha is אנל העץ, followed by גורא פרי העץ. Unless it's a really bad date, in which case you might have to make הגומל. On the other hand, if you have several really great dates,

you can make it O'Fishel even before it's official, and end up with אינע ברמת. אינע ברמי If you make a date that is successful you might have to make a up on the items you purchase with the shadchanus and you may have to make a date with your accountant...

#### **3. Uncommon Brachos**

Try to say – or answer amein to – at least 1 Bracha in this category, aloud or quietly.							
x. Before drinking a second wine*, buying הטוב והמטיב							
a new car together with another person, the birth of a boy							
y. Separating challah	ם להפריש חלה 🛛						
<b>y2</b> . Hanging a mezuza	🗖 לקבוע מזוזה						
<b>z</b> . Upon seeing the Atlantic	שעשה את הים הגדול 🗖						
Ocean for the first time in 30 days							
z2. Upon seeing a Gadol HaDor שחלק מחכמתו ליראיו 🗖							
z3. Upon seeing a 🛛 🗖	שנתן מחכמתו לבשר וז 🗖						
great scientist אומות העולם	2						
Z4. Upon seeing a monarch שנתן מכבודו לבשר ודם באיים שנתן מכבודו לבשר ודם באיים שנתן מכבודו לבשר ודם באיים שנת							

**24.** Upon seeing a monarch **TTO AUXIC** (not to be confused with a butterfly or a Bush. Just please don't make a Bracha Levatala – we already had a Baraka She'eina Tzricha!\*\*\*, but now he's been Trumped)

ב על טבילת ידים Cleansing hands before eating על טבילת ידים

bread by dipping in a certain water source\*

when no vessel is available

ב על פדיון הבן הבו Redeeming a first-born son ב על פדיון הבן ד על השחיטה Before ritually slaughtering an animal ד

ב על כיסוי דם בעפר staustice in a minimum of the blood of a

slaughtered חיה or חיה

z9. . Budding fruit tree in Nisan. . . שלא חיסר בעולמו

I Know it's

almost midnight.

but I still need

3 more

Rrachas

Name Your Own Uncommon Bracha:

\*\*\* Sorry but ברכות שאינם ברכות שאינם and ברכות לבטלה
 שהיכים אווו אריכים
 while extremely common, do not count towards the program.
 \*\*\*\* אישברץ משברץ s from bosses, spouses and louses do not count!

\*\*\*BTW, we didn't vote for him – twice!

Checklist	hecklist Continued from other side			
Week 4	B	racha Coo	le/Initials	
Mar. 15, Sun מיש אדר (	$\mathcal{O}$	_O_C		
Mar. 16, Mon כ׳ אדר (	<u> </u>	C		
Mar. 17, Tues כ״א אדר (	OC	_ O C		
Mar. 18, Wed כ״ב אדר (	0	C		
Mar. 19, Thurs כ״ג אדר (	0 C			
Mar. 20, Fri כ״ד אדר 🤇	0C	_ O C		
 Mar. 21, Sat כ״ה אדר (	0	C		

Bring this form, completed until here, to THE CANDY STORE for a MOUTH-WATERING CANDY, from SUNDAY, MARCH 22 - FRIDAY, MARCH 27. Head to 6313 WINNER AVE. for SLIPPERY SLIME from SUNDAY, MARCH 22-Wednesday, March 25, 5:30-6:30pm. L'Iluy Nishmas Ahuva bas Mordechai.

	"I recited & documented 100 Brachos at least 1 day this week" (adults) Signature			<b>STORE VALIDATIONS</b>			
Week 5	Week 5			acha	Code/	<b>Initials</b>	
Mar. 22, Sun	כ"ו אדר	0	0	0	_O	_ O	
Mar. 23, Mon	כ״ז אדר	$\bigcirc$	0	$\bigcirc$	_O	0	
Mar. 24, Tues	כ"ח אדו	0	0	$\bigcirc$	_O	0	
Mar. 25, Wed	כיט אדו	$\bigcirc$	0	$\bigcirc$	_O	0	
) Mar. 26, Thurs	א' ניסן	$\bigcirc$	0	$\bigcirc$	_O	0	
Mar. 27, Fri	ב׳ ניסן	0	0	0	0	0	
Mar. 28, Sat	ג׳ ניסן	0	0	0	_O	0	
"I recited & docu							

#### FINALLY, THE WEEK EVERYONE'S BEEN WAITING FOR -A RETURN OF THE HIGH-FLYING EXCITEMENT!

All-The-Brachos-You-Can-Make-Buffet!

FEATURING A ONE HOUR BUFFET SPONSORED BY O'FISHEL CATERERS AND ONE HOUR OF HIGH-FLYING FUN AT SKYZONE, COURTESY OF THE WEALCATCH CARTEL.

Call once the contest is completed to sign up for your jump slot: either 6:00-7:00pm jumping, followed by the buffet, OR 6:00-7:00pm buffet followed by 7:00-8:00 jumping. Be sure to bring this form, completed (talk about dedication!!!).

### Sky Zone 23 W. Aylesbury RD, TIMONIUM Monday, March 30

least 1 day this week" (adults) Signature



STORE VALIDATIONS

## FOR RESERVATIONS, PLEASE CALL THE MITZVAH MOTIVATORS HOTLINE: 443-660-9132, EXT. 6

Yes, there will be gender specific areas. Waiver can be filled out online or on site. Socks included. Sponsorships are most welcome, encouraged and appreciated!