

The O'Fishel Brachos Calendar Checklist

Name _____ Age (if under 20) _____

Phone _____

Address _____

Week 1	Bracha Code/Initials
Sun, Feb. 19 כ"ח שבט	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Mon, Feb. 20 כ"ט שבט	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Tue, Feb. 21 ל' שבט	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Wed, Feb. 22 א' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Thurs, Feb. 23 ב' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Fri, Feb. 24 ג' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Sat, Feb. 25 ד' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>

"I recited & documented 100 Brachos at least 1 day this week"

(Adult's Signature)

STORE VALIDATIONS

SEE BACK PANEL FOR THIS WEEK'S PRIZE(S) & PICKUP INFO

Week 2	Bracha Code/Initials
Sun, Feb. 26 ה' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Mon, Feb. 27 ו' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Tue, Feb. 28 ז' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Wed, Mar. 1 ח' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Thurs, Mar. 2 ט' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Fri, Mar. 3 י' אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Sat, Mar. 4 י"א אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>

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Week 3	Bracha Code/Initials
Sun, Mar. 5 י"ב אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Mon, Mar. 6 י"ג אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Tue, Mar. 7 י"ד אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Wed, Mar. 8 ט"ו אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Thurs, Mar. 9 ט"ז אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Fri, Mar. 10 י"ז אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Sat, Mar. 11 י"ח אדר	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>

"I recited & documented 100 Brachos at least 1 day this week"

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SEE BACK PANEL FOR THIS WEEK'S PRIZE(S) & PICKUP INFO

CHECKLIST CONTINUES ON OTHER SIDE

ENCHIRIDION & EPEXEGESIS FEUILLETIN

1. The purpose of this Mitzvah Motivator is to encourage people to make ברכות out loud so others can say אמן, with a minimum of five said out loud per day. ADDITIONALLY, those over Bar/Bas Mitzvah must say 100 ברכות on any one day each week of this contest, and list them on a separate sheet (the 100 ברכות need not be said out loud).

2. Each ברכה must be verified with the initials of the אמן-er. Before the initials, write the one-letter ברכה code in the circle. For example, if Anshie Goldberg heard the participant make a ברכה on a cookie, the line would read "D A.G."

3. The only ברכות which qualify for the out loud count are those which are preceded by a ברכה code (A, B, C, etc.).

4. If the אמן-er from שבת is not available to sign after שבת, a parent, child, friend or legal guardian or complete stranger to the participant may sign.

5. If a specific ברכה does not apply to the participant, he/she may be credited for the bracha by saying אמן to another who is eligible to say it (e.g.: if little Chayala Schechter's father schechted a deer, she could say אמן to the Brachos of על השחיטה and על בעפר).

6. In order to qualify for the Grand All-The-You-Can-Make Buffet, you must complete the entire calendar PLUS the required amount of ברכות in categories 1, 2 & 3 must be recited and checked off at any time over the course of this program. Over Bar/Bas Mitzvah must present their once-weekly documentation of the 100 ברכות.

7. Participants may use either the Hebrew or English day as their cut-off time for saying the required ברכות.

8. If no one is available to say אמן, designated אמן-ers are available at 443-660-9132. If it's after hours, please call our Unreasonably Late Hotline at 443-660-9133, make your ברכה on the machine, and, after taking a bite, leave your name and number. Please do not sing benching, as others may be waiting on line. (Please note that you can not fulfill the obligation of a ברכה by hearing it over the phone. These numbers are for contest verification and documentation only).

9. In order to qualify for the weekly prizes, all calendar blanks must be completed up to that point. No missed dates allowed.**

10. Prizes may be redeemed only during the period indicated, are NON-TRANSFERABLE, and must be claimed by the actual participant (no parental pickups, please). Please do not ask for exceptions (you know who you are!)

11. All questions of rules will be decided by the O'Fishel judge, at the Mitzvah Motivators Hotline: 443-660-9132. Decisions are final, uncontestable, and occasionally even correct.

12. Program is open to men, women, boys and girls of all ages. Special dispensations may be awarded to the very young!

*NCY

This program has been copied with O'Fishel permission and/or plagiarized throughout our nation. If you want to bring this program with permission and subsequent Brachos to your community, please call 443-660-9132. If not, just continue doing what you're doing. V'hamyvin yavin!



Our American born Bubby Jennie Sorscher, a"n, along with her husband, Reverend Aaron Yoel Sorscher, zt"l, were careful to make their Brachos Out Loud. They influenced many of their children, grandchildren, great-grandchildren and great-great-grandchildren, numbering in the hundreds, to make thousands of Brachos out loud, and tens of thousands of children across the world participating in O'Fishel's Mitzvah Motivators inspired Brachos Programs to make millions of Brachos out loud today! Yehi Zichram Baruch.

You can join this program and increase the bracha for yourself, your family and Klal Yisrael today!

WEEKLY PRIZES

WEEK	PRIZE	PICK-UP
PRACTICE 1 WEEK	Mitzvah Motivator Cap/ Bracha-Free Banana STRESS RELIEVER	LIEBES FAMILY 2601 SMITH AVE. Sunday, Feb. 26 (2:00 – 4:00 pm) Mon-Tues, Feb 27-28 (4:30 – 5:30 pm) For extenuating schedule challenges call 443-465-4201
	BAGEL	GOLDBERG'S BAGELS Sunday, Feb. 26 - Friday March 3
2	O'Fishel Fresh Hot Award-Winning MULTI-BRACHA CHOLENT	O'FISHEL KOSHER CATERERS at MITZVAH MOTIVATORS WORLD H.Q. Friday, March 10 (12:00 – 3:00 pm)
	Ice cold SODA CAN	SAVINGS CENTER Sunday March 5- Friday, March 10
3	Shabbos-Friendly Stair-Climbing SLINKY	LASDUN FAMILY 3218 SHELburne ROAD Sunday, March 12 (2:00 – 6:00 pm) Mon, March 13 (5:30 – 7:30 pm)
	CANDY TREAT	CANDY STORE Sunday, March 12 - Fri. March 17
4	Pride of the Farm ICE CREAM	5901 WINNER AVENUE Sunday, March 19 3:30 – 5:30 pm
	ICE CREAM	TOV PIZZA Sun. March 19 – Fri. March 24
	BACK SCRATCHER PENS	2403 SHELLEYDALE DRIVE Mon.-Tues., March 20-21 (5:00 - 7:00 pm)
5	All-The-Brachos-You-Can-Make BUFFET + Catch A Wealcatch for a Lantern!	Date TBD Follow BJL for details

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THE ORIGINAL **Brachos 23** CONTEST
RENOVATED, REJEVVINATED & RECONSTITUTED



לענין אהרן יואל בן יהודה משה לענין שיינדל בת יהודה ליבי
Zaide Aharon Yoel & Bubbie Jennie Sorscher, who always made sure to make their Brachos loud and clear, and in whose memory this program was initiated.
Say a Bracha out Loud for a refuah shleima for our good friend Shmuel Nisan. Every bracha counts - don't wait 'til Nisan to daven for Nisan!
Refua shleimah for:
רפאל חיים שמואל בן חנה רייזל אריאלה בת מלכה חנה ריבה בת יהודית עלוקה טובה פייגל בת שיינדל בתה רחל בת נחמה שלמה בן חנה ריבה אברהם מנחם בן חנה ברכה רפואה שלימה לתימקוח:
אלישבע חנה חיה בת אביבה אורלי חיים אורן בן אביבה אורלי

Sunday, February 19-
Shabbos, March 25, 2023
כ"ח שבט - ג' ניסן תשפ"ג

During the reign of King David, a terrible plague raged, killing 100 people a day from unnatural causes. It was revealed through רוח הקודש that if the people would take care to recite 100 ברכות a day, the plague would be mitigated. Since then, we have followed the Halacha to say this minimum each and every day. We hope that in this merit we will again be saved from the ravages which afflict our People today...

The O'Fishel Brachos Guide

Say 5 Brachos out loud daily with someone answering **אמן**, and you'll get great weekly prizes!

Note: This listing is not meant to be a halachic guide or a comprehensive listing of all Brachos, but rather as a reminder of various Brachos and when they are said. Some may be said only by those over Bar/Bat Mitzvah. English explanations may not be precise. Some are only said by men and some only by women. Brachos are not written out in their entirety, so please refer to a Siddur for complete text. In case of any doubt, please contact a knowledgeable authority. Any additions or clarifications to this listing are welcome via telephonic communication at 443-660-9132.

1. Common Brachos

You must say – or answer amen to – most of the Brachos in this category (aloud or quietly)

- | | | |
|---------------------------------------|---------------------|--------------------------|
| Introductory Brachos in Shacharis | ברכות השחר (15) | <input type="checkbox"/> |
| Brachos on the Torah | ברכות התורה (2) | <input type="checkbox"/> |
| A. After using the lavatory | אשר יצר | <input type="checkbox"/> |
| Baruch She'amar | ברוך שאמר | <input type="checkbox"/> |
| Yishtabach | ישתבח | <input type="checkbox"/> |
| Before Shema of Shacharis | ברכות קריאת שמע (2) | <input type="checkbox"/> |
| The Weekday Amida | שמונה עשרה (19) | <input type="checkbox"/> |
| B. Washing hands before eating | על נטילת ידים | <input type="checkbox"/> |

Brachos Before Eating ברכות הנהנין על המאכלים

(Atkins participants may be excused from certain of these Brachos, but must document recent weight loss)

- | | | |
|---|--------------------|--------------------------|
| C. Bread (or Matzah) | המוציא לחם מן הארץ | <input type="checkbox"/> |
| D. Cookies, cake, rice, etc. | בורא מיני מזונות | <input type="checkbox"/> |
| E. Wine/grape juice | בורא פרי הגפן | <input type="checkbox"/> |
| F. Fruits | בורא פרי העץ | <input type="checkbox"/> |
| G. Vegetables | בורא פרי האדמה | <input type="checkbox"/> |
| H. None of the above (e.g.: dairy, meat) | שהכל נהיה בדברו | <input type="checkbox"/> |

Brachos After Eating ברכות הנהנין על המאכלים

- | | | |
|--|----------------|--------------------------|
| I. After bread meals | ברכת המזון (4) | <input type="checkbox"/> |
| J. After (grain/wine/7 species) meals – 7 possible combinations | מען שלש | <input type="checkbox"/> |
| K. After non-grain/wine/bread meals | בורא נפשות | <input type="checkbox"/> |
| Making Kiddush on Shabbos or Yom Tov | קידוש | <input type="checkbox"/> |
| K1. Conclusion of Shabbos | הבדלה | <input type="checkbox"/> |
| <i>Heter to skip this one: If your bedtime precedes Havdala, this is NOT an excuse to stay up late. (And yes, your mother knows this!)</i> | | |
| K2. Fire (at Havdala) | בורא מאורי האש | <input type="checkbox"/> |
| L. Before going to sleep | המפיל | <input type="checkbox"/> |
- (Please do not wake up your roommate to say this one out loud!)

We are not responsible for typos, typos, boozos, hobos or other various and sundry errata.

2. Less Common Brachos

You must say – or answer amen to – at least 4 of the Brachos in this category (aloud or quietly)

- | | | |
|--|-----------------------|--------------------------|
| M1. Seeing lightning or a great wonder of nature, experiencing an EARTHQUAKE | עושה מעשה בראשית | <input type="checkbox"/> |
| M2. Hearing thunder | שכחו וגבורתו מלא עולם | <input type="checkbox"/> |
| <i>However, if you hear the lightning and see the thunder, stand up immediately and say: נעשה ונשמע!</i> | | |
| M3. Wearing new clothes, Yom Tov, A parent says on the birth of a girl | שהחיינו | <input type="checkbox"/> |
| M4. Before reciting Hallel | לקרוא את ההלל | <input type="checkbox"/> |
| N. Upon taking a journey | תפילת הדרך | <input type="checkbox"/> |

Brachos Upon Fragrant Scents ברכות הריח

- | | | |
|--|-------------------------|--------------------------|
| O. Rose | בורא עצי בשמים | <input type="checkbox"/> |
| P. Mint/leaves | בורא עשבי בשמים | <input type="checkbox"/> |
| Q. Esrog | הנותן ריח טוב בפירות | <input type="checkbox"/> |
| R. Cloves, combination of spices | בורא מיני בשמים | <input type="checkbox"/> |
| S. Ritually dunking vessels (for the Bracha on dunking donuts see Bracha D) | על טבילת כלים | <input type="checkbox"/> |
| T. New moon | קידוש לבנה | <input type="checkbox"/> |
| U. Seeing a rainbow | זוכר הברית ונאמן בבריתו | <input type="checkbox"/> |
| | וקים במאמרו | <input type="checkbox"/> |
| V. Deliverance from danger | ברכת הגומל | <input type="checkbox"/> |
| W. Wedding, Sheva Brachos | שבע ברכות (7) | <input type="checkbox"/> |

Name Your Own Less Common Bracha: _____



3. Uncommon Brachos

Try to say – or answer amen to – at least 1 Bracha in this category, aloud or quietly.

- | | | |
|--|----------------------|--------------------------|
| X. Before drinking a second wine*, buying a new car together with another person, the birth of a boy | הטוב והמטיב | <input type="checkbox"/> |
| Y. Separating challah | להפריש חלה | <input type="checkbox"/> |
| Y2. Hanging a mezuzah | לקבוע מזוזה | <input type="checkbox"/> |
| Z. Upon seeing the Atlantic Ocean for the first time in 30 days | שעשה את הים הגדול | <input type="checkbox"/> |
| Z2. Upon seeing a Gadol HaDor | שחלק מחכמתו ליראיו | <input type="checkbox"/> |
| Z3. Upon seeing a great scientist | שנתן מחכמתו לבשר ודם | <input type="checkbox"/> |
| <i>מאומות העולם</i> | | |
| Z4. Upon seeing a monarch | שנתן מכבודו לבשר ודם | <input type="checkbox"/> |
| <i>(not to be confused with a butterfly or a Bush. Just please don't make a Bracha Levatala – we already had a Baraka She'e'lna Tzricha!***, but now he's been Trumped!)</i> | | |
| Z5. Cleansing hands before eating bread by dipping in a certain water source* when no vessel is available | על טבילת ידים | <input type="checkbox"/> |
| Z6. Redeeming a first-born son | על פדיון הבן | <input type="checkbox"/> |
| Z7. Before ritually slaughtering an animal | על השחיטה | <input type="checkbox"/> |
| Z8. Covering the blood of a slaughtered animal | על כיסוי דם בעפר | <input type="checkbox"/> |
| <i>חיה or עוף</i> | | |
| Z9. Budding fruit tree in Nisan | שלא חיסר בעולמו | <input type="checkbox"/> |

Name Your Own Uncommon Bracha: _____

*As the laws regarding this Bracha are particularly complex, please be sure to consult a competent authority before reciting.

**But if you do have dates, the Bracha is בורא פרי העץ, followed by על העץ. Unless it's a really bad date, in which case you might have to make הגומל. On the other hand, if you have several really great dates, you can make it O'Fishel even before it's official, and end up with שבע ברכות. If you make a date that is successful you might have to make a שהחיינו on the items you purchase with the shadchanus and you may have to make a date with your accountant...

*** Sorry but ברכות לבטלה and ברכות שאינם צריכים while extremely common, do not count towards the program.

**** Mosad's from bosses, spouses and louses do not count!

****BTW, we didn't vote for him – twice!

Checklist

Continued from other side

Week 4	Bracha Code/Initials				
Sun, Mar. 12	י"ט אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mon, Mar. 13	כ' אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tue, Mar. 14	כ"א אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wed, Mar. 15	כ"ב אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thurs, Mar. 16	כ"ג אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fri, Mar. 17	כ"ד אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sat, Mar. 18	כ"ה אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

"I recited & documented 100 Brachos at least 1 day this week"	STORE VALIDATIONS
(Adult's Signature)	

SEE BACK PANEL FOR THIS WEEK'S PRIZE(S) & PICKUP INFO

Week 5	Bracha Code/Initials				
Sun, Mar. 19	כ"ז אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mon, Mar. 20	כ"ז אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tue, Mar. 21	כ"ח אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wed, Mar. 22	כ"ט אדר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thurs, Mar. 23	א' ניסן	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fri, Mar. 24	ב' ניסן	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sat, Mar. 25	ג' ניסן	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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(Adult's Signature)	

SEE BACK PANEL FOR THIS WEEK'S PRIZE(S) & PICKUP INFO

Another Project of O'Fishel's Mitzvah Motivators

Friday Night Cholent

Baltimore, MD

תפילה או תפילה!

COUNT SEFIRA & Make Sefira COUNT!

MOSAD SHOW SHOVELING PROGRAM

Not available in Upstate New York!

Dear Mitzvah Mo', Do these 2 count? 1. ברכה שאני צריכה. 2. ברכה לבטלה. -Misguided Motivatee

Answer: Kids, don't try these at home or anywhere else! -Mitzvah Mo' (Mo' Mitzvahs Mo' D'time)

To Whom It May Concern, Please excuse Avrumi's absence. He had to travel to Ocean City so he could say תפילת הדרך on seeing the Atlantic Ocean, on seeing the Atlantic Ocean, on dipping his hands for his sandwich, on the saltwater taffy, and הגומל when we got home (have you ever seen me drive?). My Abba- Avrumi's Abba

For information on sponsoring one of these highly-successful non-profit Mitzvah Motivators Programs, or bringing one to another community, call the Hotline at 443-660-9132. If no answer, call the Hotline at 443-660-9132.

*THE TRUE FLOUR POWER!